

# 2022/23 Bell Schedule

## Regular Day

High School
<b>Advisory:</b> 7:45 - 8:15 (30 min)
<b>Block 1:</b> 8:18 - 9:33 (75 min)
<b>Block 2:</b> 9:36 - 10:51 (75 min)
<b>Lunch:</b> 10:54 - 11:19 (25 min)
<b>Activities/Clubs/Office Hours:</b> 11:22 - 11:42 (20 min)
<b>Block 3:</b> 11:45 - 1:00 (75 min)
<b>Block 4:</b> 1:03 - 2:20 (77 min)

Middle School
<b>Advisory:</b> 7:45 - 8:15 (30 minutes)
<b>Exploratory:</b> 8:18 - 9:33 (75 min.)
<b>Body break/Mask Break (on team):</b> 9:36-9:41 (5 minutes)
<b>Period 1:</b> 9:44 - 10:34 (50 minutes)
<b>Period 2:</b> 10:37 - 11:27 (50 minutes)
<b>7th Grade:</b> <b>Academic Extensions &amp; Interventions:</b> 11:30 - 12:00 (30 min.)
<b>Lunch:</b> 12:03 -12:28 (25 minutes)
<b>8th Grade</b> Lunch 11:30 - 11:55 (25 minutes) <b>Academic Extensions and Interventions</b> 11:58-12:28 (30 minutes)
<b>Period 3:</b> 12:31 - 1:23 (52 minutes)
<b>Period 4:</b> 1:26 - 2:20 (54 minutes)

**First Day of School and ½ day Schedule** (dismissal at 11:30)

**High School**

**Advisory:** 7:45 - 8:45 (60 min)

**Block 1:** 8:48 - 9:23 (35 min)

**Body Break:** 9:23-9:33 (10 minutes)

**Block 2:** 9:36 - 10:11 (35 min)

**Block 3:** 10:14 - 10:49 (35 min)

**Block 4:** 10:52-11:30 (38 min)

**Lunch:** Grab and go at dismissal

**Middle School**

**Advisory:** 7:45 - 8:45 (60 min)

**Exploratory:** 8:48 - 9:23 (35 min)

**Body Break (on team):** 9:26-9:36 (10 minutes)

**Team Time:** 9:36-11:30

**Lunch:** Grab and go at dismissal

**Early Release Day (dismissal at 12:50)**

**High School**

**Advisory:** 7:45-8:20 (35 minutes)

**Block 1:** 8:23-9:20 (57 minutes)

**Block 2:** 9:23-10:20 (57 minutes)

**Block 3:** 10:23-11:20 (57 minutes)

**Lunch:** 11:23-11:48 (25)

**Block 4:** 11:51-12:50 (59 minutes)

**Middle School**

**Advisory:** 7:45-8:20 (35 minutes)

**Exploratory::** 8:23-9:20 (57 minutes)

**Period 1:** 9:23-10:03 (40 minutes)

**Body Break:** 10:06-10:14 (8 minutes)

**Period 2:** 10:17-10:57 (40 minutes)

**Period 3:** 11:00 - 11:40 (40 minutes)

**Period 4:** 11:43-12:23 (40 minutes)

**Lunch:** 12:25-12:50 (25 minutes)

## 2 Hour Delay Schedule

### High School

**Advisory:** 9:45-10:05 (20 min)

**Block 1:** 10:08-11:00 (52 min)

**Block 2:** 11:03-11:55 (52 min)

**Lunch:** 11:58-12:23 (25 minutes)

**Block 3:** 12:26-1:20 (54 minutes)

**Block 4:** 1:23-2:20 (57 minutes)

### Middle School

**Advisory:** 9:45-10:05 (20 min)

**Exploratory:** 10:08-11:00 (52 min)

**Body Break (on team):** 11:03-11:13 (10 minutes)

**Period 1:** 11:16-11:51 (35 minutes)

**Period 2:** 11:54 -12:29 (35 minutes)

**Lunch:** 12:32 - 12:57 (25 minutes)

**Period 3:** 1:00-1:40 (35 minutes)

**Period 4:** 1:43-2:20 (37 minutes)